

NEWSLETTER

SUVIDHA INTERNATIONAL FOUNDATON



<https://suvidhainternational.org/>

Jan Newsletter Topics

- 1** Suvidha International Introduction
- 2** Founder Introduction
- 3** Educational Initiatives
- 4** PVSA Awards
- 5** Speech, Debate & Robotics
- 6** Youth Volunteers

Suvidha International Foundation is a
501©(3) non-profit educational humanitarian organization



SUVIDHA INTERNATIONAL FOUNDATON

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The Future of
INDIA
Lies in its
Villages



A passionate volunteer group from Sacramento believed in Mahatma Gandhi-ji's quote, "The Future of India Lies in its Villages and the fact that India can't become a developed country without empowering its villages and therefore founded a non-profit, Suvidha International Foundation (<http://suvidhainternational.org/>) to make difference to a few villages in Telugu States.

Partnering with International Association for Human Values (IAHV), Suvidha International Foundation empowers the villages by providing educational support to disadvantaged students, conducting leadership and vocational trainings for youth and women, implementing River Rejuvenation Water projects, planting trees, driving organic farming projects, instilling holistic health through yoga, meditation, and other healthy practices, and providing food and item donations to needy.

When started, Suvidha International Foundation's annual goal was \$10,000. As Suvidha International started helping the disadvantaged in India and in the US, the founders realized there is a lot of need, and they can help more. Therefore, Suvidha International revised its annual target to \$100,000 and more.

<https://suvidhainternational.org/>

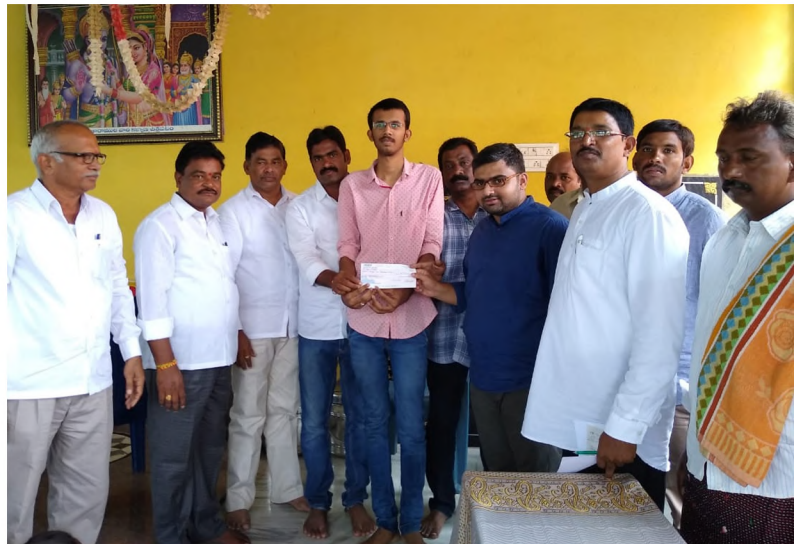




Suvidha International Foundation raises over \$100k every year and drives several service projects in India and in US including educational support for 50 plus disadvantaged students, benefits five million plus farmers through river rejuvenation water projects and tree plantation in Andhra Pradesh and Karnataka, helps 50 plus youth and women with empowerment programs and supports few hundred neglected kids and senior citizens with food donations and local (US) projects.

Educational Support for Disadvantaged Students:

Suvidha International Foundation supports over 50 disadvantaged students. The majority of the students are girls who are pursuing their professional degrees including engineering (B.Tech), Medicine (MBBS) and Pharmacy. Some of the students are plus two and high school students. Suvidha International also conducted python coding, spoken English and Google product trainings. Suvidha International volunteers in the United States plan to guide the disadvantaged students in India in their subject selection, career development and soft skills.



My parents are financially challenged and will not be able to support my education. I will be thankful to Suvidha International Foundation for paying my hostel fee and providing me vocational training on coding and soft skill development. Thanks for providing me laptop, which will help me in attending online classes.

... **Nazeema Shaik**

Suvidha International Foundation (Suvidha) has been helping me for past two years with financial support for my engineering degree and more recently provided me a laptop to attend online classes and Suvidha's vocation training from US. Without Suvidha International Foundation and Bhaskar garu's support, I would not have continued my studies. I appreciate Suvidha's support for me.

... **Arepally Akhila**
2nd year engineering student



Educational Programs in US:



Suvidha International Foundation is partnered with the City of **Rancho Cordova** and organizing Speech, Debate and Robotics Programs for 4th through 8th grade students. Thanks to the City's Community Enhancement and Investment Funds for sponsoring this program. The eligible students for the program are Rancho Cordova City schools' students and resident students.

Brief Description of Speech & Debate Programs

The Speech and Debate Programs allow students to develop effective researching capabilities, critical thinking skills, writing proficiency, use of body gestures, speech delivery, and leadership skills. The students participate in the speech program on an individual basis and in the debate program in teams of 2.

The program attendees will demonstrate their newly garnered skills at the competition scheduled at the end of the program. The educational tools gained through the program will engage the students, help them excel in their academics and place them on a straight path to becoming successful future leaders in several prominent areas including business, law, politics, academia, entertainment, and media.

Brief Description of **ROBOTICS** Program

The Robotics Program will help elementary and middle school students (Grades 4 through 8) of Rancho Cordova City in designing and coding the robots to perform specialized real world operations. The program makes the students engage in STEAM subjects, hones their computer programming skills and creativity, and develops engineering skills, leadership skills and presentation skills. These skills will also help students in excelling their regular academics and make them successful engineers in cutting edge career spaces such as aerospace engineering, computer science, medicine, and automotive manufacturing.



The program attendees will demonstrate their newly garnered skills at the competition scheduled at the end of the program. The educational tools gained through the program will engage the students, help them excel in their academics and place them on a straight path to becoming successful future leaders in several prominent areas including business, law, politics, academia, entertainment, and media.

PVSA Presidential Volunteer Service Awards



Suvidha International is an eligible organization to nominate their volunteers for Presidential Volunteer Service Awards. Suvidha International has nominated eleven volunteers for PVSA awards so far in the last two years - Five of the volunteers received gold awards and four of the volunteers received silver awards. Below is volunteer eligibility:

- United States citizen or lawful permanent resident of the United States (i.e., green card holder)
- Must be at least five years old
- Completes eligible service within a 12-month period (for annual Bronze, Silver, and Gold Awards) and over a lifetime (for Lifetime Achievement Awards)

Hours Required to Earn Hours in Age Group Category :

Age Group	Bronze	Silver	Gold	Lifetime Achievement Award
Kids (5–10 yrs old)	26–49 hours	50–74 hours	75+ hours	4,000+ hours
Teens (11–15)	50–74 hours	75–99 hours	100+ hours	4,000+ hours
Young Adults (16–25)	100–174 hours	175–249 hours	250+ hours	4,000+ hours
Adults (26+)	100–249 hours	250–499 hours	500+ hours	4,000+ hours

Suvidha International Foundation has been driving service volunteering activities and looking for volunteers. If you are interested in volunteering for Suvidha International Foundation, please reach out to Suvidha International’s Founder and President, Bhaskar Vempati at bvempati@suvidhainternational.org or bhaskarvempati@gmail.com.



Founder Introduction



**BHASKAR
VEMPATI**

Suvidha International Foundation was established by **Bhaskar Vempati** and a group of friends with the aim of adopting and empowering villages in the Telugu States, Telangana and Andhra Pradesh. Bhaskar is the President of Suvidha International Foundation. Arun Tatiparthi, Secretary, Vandna Sharma, Treasurer, and Padmapriya Maddy, Director, are the additional founders of Suvidha International Foundation. Their introductions will be featured in upcoming newsletters.

Bhaskar has helped several students for the past 15 years in Telugu States in completing their professional education and made them stand on their own feet. Bhaskar has been volunteering for over ten years for several non-profit organizations including Art of Living, Overseas Volunteer for Better India, Annapoorna USA Foundation, ManaBadi Telugu School, Indian Association of Sacramento and Parent Teacher Associations/Organizations.

According to Sri Sri Ravisankar, the founder of the Art of Living, engaging in charitable activities without expecting anything in return can benefit the contributor the most by bringing out their innate goodness. Bhaskar shares this belief and finds great pleasure and satisfaction in bringing together like-minded individuals to help the needy through various service projects. He considers himself the biggest beneficiary of this experience.

Donor Corner

Suvidha International Foundation has received contributions and volunteer support from multiple donors. To showcase their generosity, Suvidha International plans to feature a few donors in each newsletter. Suvidha International deeply appreciates the continued support of its contributors, without whom the organization would not have been able to reach its current level of success.

Donor Corner

For the past four years, **Sravya Nittala** and **Samhita Nittala**, Two young donors, have been providing sponsorship for two female students, namely Akhila Arepalli and Nazeema Shaik. Akhila Arepalli is set to graduate with B.Tech degree from Priyadarshini Institute of Science and Technology for Women in Khammam in Telangana, while Nazeema Shaik will be receiving her B.Tech degree from Kakatiya University in Warangal, Telangana. The kind hearted sponsorship provided by Shravya Nittala and Samhitha Nittala has made a significant difference in the lives of these students, and the good news is that they plan to continue their sponsorship for another two girls for the next four years. Your continued support, Shravya Nittala and Samhitha Nittala, is greatly appreciated and will undoubtedly have a positive difference in the lives of these students and their families.

NITTALA FAMILY

PATHI FAMILY

Over the past four years, the Pathi family: Shankar Reddy Pathi, Deepa Reddy Kukunoor, Nithya Reddy Pathi, Maanya Reddy Pathi, has been generously contributing to Suvidha International, which has enabled the organization to provide 1500 meals to differently-abled and neglected children and adults. During the Covid period, they also supported Suvidha International by providing food items to needy families. Furthermore, for the past two years, the Pathi family has been providing educational support to a student named Nikitha Sapineni through Suvidha International. Suvidha International is grateful to have had the support of the Pathi family, who have been valuable contributors to the organization. Their commitment to the organization's activities is deeply appreciated, and Suvidha International is thankful for their continued support.



SUVIDHA INTERNATIONAL FOUNDATON Campaigns

Suvidha International Foundation is driving a few campaigns to raise funds in 2023.

- Adopt a Village for \$2,500 for Water Projects in Andhra Pradesh
Donation Link: tiny.cc/suvidha-water
- Adopt a Student for \$500 a year
Donation Link: tiny.cc/suvidha-education
- Donate recurring donations of \$25 a month
Donation Link: paypal.me/pay2suvidha

Suvidha Volunteers Introduction

I'm **Shreya Koppada** and I'm currently a sophomore at Vista Del Lago High School in Folsom, California. I've done speech for roughly 4 years and I've learned a lot from my experience. When I was younger, I was this shy kid who would always sit in the back of the classroom afraid to raise my hand even if I knew the answer, but after participating in the speech, I gained many skills, one of them being confidence. Now, I'm able to talk in front of crowds with no problem and my research skills have also gotten sharper. That's why I love teaching speech to other kids. They get to benefit from the program the same way I did. So far we've taught summer programs and done classes with the Rancho Cordova school district and I feel that the kids have taken away at least one skill from their time in the classes.



Shreya Koppada



Hi, my name is **Suhani Tikkisetty**. I'm currently 15 years old and attending highschool in Sacramento, California. Some fun facts about me are that I've been playing the viola for 7 years and that I have a 2nd degree black belt in Taekwondo. I also aspire to attend one of the UC's here in California and become either a psychologist or neurologist. I've been doing and teaching Speech and Debate for about 5 years now. Throughout middle school I was in debate from 6th-7th grade, and speech in 8th grade, and starting around 8th grade summer I have been teaching speech and debate for 2 years now. I truly love teaching these kids speech and debate as it makes me so happy to be able to give some of my knowledge to others and to be able to spread something that I really think is beneficial to people's lives. Speech and debate is a skill that you will need throughout your life. No matter what you are doing, being able to research properly, be confident and deliver messages to others in a well-mannered way, is something that you will always need to be able to do effectively throughout your life. It makes me very happy to say that I am able to teach people how to do this and give them the confidence to use their voices.



Suhani Tikkisetty



Aishwarya Bondada

Hello my name is **Aishwarya Bondada**! I am currently a sophomore at Vista del Lago High School. I have done speech for about 4 years and have been teaching it for 3 years. I love teaching speech because I believe that public speaking is a vital skill that is useful for a lifetime, whether in school or in daily life. I want to spread positivity and show that public speaking is not as scary as it may seem. My passions include drawing and music, in any way, shape, or form. A fun fact about me is that I have a birthmark that is shaped like a heart.



Rahul Puritipati

Hello, my name is **Rahul Puritipati**, and I am a 10th grader in the Sacramento Area. I have been extremely focused on STEM in the past couple of years, working on projects ranging from small Raspberry Pi projects to full-stack websites. In my free time, I like to play basketball and American football. I also enjoy watching the San Francisco 49ers and the Sacramento Kings. The reason I want to volunteer for Suvidha International is because of their passion for helping underprivileged people in often remote areas of India. I am extremely blessed to be in the position I am in, and I have taken it upon myself to help support other people who are just as deserving of these opportunities, and Suvidha provides me with an excellent way of reaching out to connect with them.

 SUVIDHA INTERNATIONAL FOUNDATION

APRIL 23, SUNDAY, 2023
IN-PERSON SACRAMENTO & VIRTUAL OTHER CITIES

5K
RUN/WALK
STARTS AT 9AM
MAIDU PARK, 2100
MAIDU DR
ROSEVILLE

\$15 CHILDREN 16 AND UNDER	\$20 ADULTS	\$150 GROUP OF 10
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SACRAMENTO: ENTRY FEES INCLUDE PARK ADMISSION, HYDRATION STATIONS ON COURSE, POST-RACE REFRESHMENTS, FINISHER MEDALS for KIDS, TROPHIES FOR TOP TWO FINISHERS FOR DIFFERENT AGE GROUPS

Registration & Details: <https://suvidhainternational.org/5K>
Contacts: 916 390 9945 | 916 293 2159 | 916 769 5027 | 610 841 6401

Virtual: Tshirts will be mailed to US cities if team has 8 or more members

5K
RUN
WALK

Starts at
9 AM





WISHING YOU A HAPPY
SRI RAMANAVAMI



**SUVIDHA
INTERNATIONAL
FOUNDATON**

Email: bvempati@suvidhainternational.org
& bhaskarvempati@gmail.com

Suvidha International Foundation is a
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